

HER
**ULTIMATE
FANTASY**
LOVER

ROCK HER WORLD AND BLOW HER MIND...
EVERY TIME!



MICHAEL MANNING

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NOTICE

We believe that an active and healthy sex life, based on mutual consent and respect between partners, is an important part of a healthy relationship. We also believe in the practice of safe sex, through the use of contraceptives, regular medical examination, or both. Moreover, we respect that sex is a private matter and that each person has a different opinion of what sexual practices or beliefs are appropriate.

We are committed to offering responsible, professional, and helpful advice about sexual matters. However, this book is intended as a reference only. It is not intended as a substitute for professional advice. Please consult a competent professional for your specific sexual, medical or other concerns.

Introduction by Vanessa Taylor

Sex is a wonderful thing - I haven't met a person yet who would dispute this. Everybody loves sex, whether they like talking about it openly or not. One of the reasons you're reading this is because you enjoy sex and you would like to enjoy it more and have your partner enjoy it more. For all you males reading this, wouldn't you like to be known around town as the greatest fuck of all time? Or husbands and men in steady relationships - wouldn't you like your woman to be amazed at your new found sexual knowledge and have her *beg* you for more sex?

Sex can be the greatest pleasure a person can ever experience - or a major disappointment. Surveys have shown that 75% of women fake orgasm every time, 15% faked it most of the time and about 9.5% said they occasionally faked it. Which leaves about 0.5% who said they never faked it. I know most of you men out there will find this hard to believe, but it's true. I'm a woman, I know.

Women, by faking orgasms, are missing out on one of the most pleasurable experiences imaginable - but so are their partners. You will realize the difference once you have read this guide. Both the male and female's sexual pleasure increases to unbelievable new heights once you know how to bring a woman to an orgasm every time. Your woman will want you as never before - she will never want or need another man.

Most men I have met were anxious to learn how to satisfy women during sex. Each man I interviewed I asked 'What do you think makes a woman orgasm most during intercourse?'

Most responses were along the lines of:

- 'Just putting my penis inside her gets her excited' - It may get your partner excited but it is not enough - nowhere near enough.
- 'She just loves me ramming her hard' - This is so far from the truth it is ridiculous!
- 'Fucking her fast' - *Wrong!*

It is generally easy for men to become sexually aroused because his sexual organs are on the outside of the body and are easily stimulated. Men that are unfit mentally or physically can sometimes take longer to arouse, as do men that are bored with their partners.

Do you know the main reason men get bored with their partners sexually? Could it be that the woman herself is bored because she is not getting sexual pleasure and therefore doesn't seem interested in sex as much. Sex would get boring if the pleasure is all one sided—don't you think, guys?

Imagine having sex every few days and never reaching an orgasm. Doesn't sound like much fun, does it?

Some men can get a woman worked into a sexual frenzy during foreplay, but then when it comes to intercourse... the momentum doesn't continue and in most cases, both the man and woman don't know what is wrong. Then the woman finally pretends to have an orgasm because she wants the whole event to be over to end the boredom and/or pain.

If a man doesn't know how to handle intercourse properly the woman will become bored and unsatisfied in the relationship, and look for other options. Most women will tell their men everything is great - just to keep them feeling like a man. The men usually are unsuspecting that there is a problem.

But guys, it's not your fault - you're a man; how could you possibly know what it feels like? Only a woman really knows how to satisfy a woman. Only a woman knows the physical sensations of a woman's body. Most women don't like talking about it with their partners because it may make them feel less manly.

Most literature is written about rough, ramming and hard sex, so why would anyone think sex should be different - most women think this is the way to have sex, too. But I'm going to help you and your partner enjoy sex to its maximum.

Chapter 1: Teasing to Please

Women love physical affection. They like to have their bodies gently caressed. Imagine yourself lying totally naked and 100% relaxed with hands slowly and gently touching your body. Try running your fingertips gently, so gentle you are barely touching your body along the inside of your own arm down to your hand. It tickles a bit but it feels nice, even if it feels like you need to scratch it a little.

Gently run your fingertips all over her body barely touching the skin. Do this for 3- 4 minutes without touching the breasts or clitoris then slowly work your way up to her breasts but DON'T touch her nipples. Circle her breasts with the palms of your hands and fingertips. You can occasionally kiss gently around her breasts but DON'T touch her nipples yet - touch below and above them but not on them.

This will start to drive her crazy - you have created a desire for you to touch her nipples. You are not giving her something she wants. After a few minutes of teasing her very very softly, touch her nipples. Then continue to circle the nipples gently with your fingers then gently lick once or twice next to each nipple, but not on it.

You are in total control - she is being driven insane by now. You have created an excitement and desire within her sexual being. It's important not to weaken and begin to grope and paw at her breasts and body - and do not touch her clitoris in this teasing phase! It will only turn her off. The purpose is to create a *want*. Stay in control, because this is only the warm-up for great love making.

She will let you know it is time to move on to the next step. So now, when she's ready, it's time for...

Part Two: Ready for Action!

Now, you're both ready to go .. you're hard and ready, and she's giving you that look that says she wants it. You just want to plunge straight in - and she's cheering you on.

BUT DON'T DO IT!

You haven't gone to all this effort to blow it all now, pardon the pun. Now - you've got to *really* start torturing her.

Touch your penis to the lips of her clitoris...gently. Softly rub your penis over her clit, letting her know it's there, ready to enter...if you want it to. You are now completely in charge, and in total control of the situation. You're going to tease her until she screams for you to put it in!

Now, she's asking you to put it in...but you don't. *Keep teasing*. She asks more urgently...but you still don't do it.

You are in control, and she's loving it - not knowing when you're going to enter! Keep teasing, gently rubbing, even if she does scream for you to put it in.

Only when she begins building towards orgasm to you move it further in...just half an inch or so, very slowly, in and out. After a little while (staying in control!) move it slowly in a full inch...gradually, keep increasing the amount you put it in, until it's almost the whole length.

Remember, if you enter the entire length - ram it in - you will make contact with her clit, and this we don't want; the object is to tease her, make her want you to thrust all the way.

The longer you tease her, and yourself, the more intense your orgasms will be!

The Point of Surrender

Now, she's quivering with desire. Speed up a little - not to ramming speed though

- and it'll push her over the edge. She may scream, she may call at your name (hopefully!) or she may just whimper softly - but you'll know you've given her an orgasm. But keep going!

Keep moving in and out, faster now; she'll orgasm again - more quickly now, with no need for teasing. You can speed up even more if you wish (and can) - but don't resort to 'ramming' her hard.

She may have several more orgasms .. or only one more. Two to five is the norm, and this may be the first one she's had in a long time! If you've been able to keep going past the first one, that's great...but even if you cum now, it will be one of the deepest and most incredible orgasms you yourself have ever had.

Refine your technique; try to make yourself hold off longer and longer. It will enrich the sexual experience for both you and your partner.

Chapter 2: How to Give Her Mind-Blowing Orgasms (Again and Again!)

Women can ejaculate, too. Perhaps you've seen this before in porn movies. Well, most women can achieve these types of "squirting" orgasms...if you know how to stimulate them the right way. These orgasms are more powerful and intense than regular orgasms, and the sense of relaxation afterwards is deeper. So, if you add these techniques to your toolkit you can truly be the best lover she's ever had.

Before I show you how to make women ejaculate, you'll need to understand what the G-Spot is. (You may *think* you know what it is, but there's a lot of confusion about this topic.) The G-Spot is actually a mass of spongy tissue that surrounds the urethra. It's located on the front wall of the woman's vagina about 1 ½" - 2" inches inside, right behind the clitoris and pubic bone. Most of the time the spot is in the 11:00 to 1:00 o'clock position if you are looking at her from the front.

For some women, stimulating the G-Spot will lead to an ejaculatory orgasm. For others, clitoral stimulation does the trick. There are even some women who ejaculate every time they have any type of orgasm (clitoral or G-Spot).

A woman's ejaculatory orgasm differs from regular orgasms. Regular orgasms are shallow contractions, while ejaculatory orgasms are almost like convulsions that start deep within the vagina and uterus. You can actually see the contractions; it looks like the vagina is trying to turn itself inside out, by pushing the muscles out. This type of orgasm also lasts much longer, and if you keep stimulating her, she could have multiple orgasms for up to 20 minutes! The "release" with this kind of orgasm is much more powerful, and afterwards she'll feel totally and utterly relaxed and satisfied.

The fluid that comes out of her during an ejaculatory orgasm is not urine. Its chemical make-up is similar to that of male prostate fluid. It's believed that the fluid comes from the "pariurethal sponge," which is the female equivalent of the male prostate gland. When the G-Spot is stimulated enough, the pariurethal sponge swells with the fluid and then expels it out through the urethra.

As for how much comes out, it depends on the woman. (The same way that some guys are able to produce huge cumshots, while for other guys it's merely a dribble.) Some women are gushers; during ejaculatory orgasms they spray all over the place! Others produce a decent quantity of fluid, but her sexual muscles aren't strong enough to force it out. So, it dribbles from her vagina and the only evidence is a wet spot underneath her after sex.

Okay, so now let's talk about how to take a woman to this pinnacle of sexual pleasure. You can give her an ejaculatory orgasm with penile penetration, or even by sucking her breasts, but the most effective way I've found is to manipulate her G-Spot with your fingers while you lick her clitoris. This is a super-powerful combination that can really rock a girl's world.

(Note: You can give her an explosive orgasm just with your fingers, but using your mouth as well may get better and faster results. See what she likes the best.)

But first things first. Don't head straight for the G-Spot. Start with some foreplay. Kiss her passionately for at least a few minutes. Play with her nipples. Spend allot of time touching and stroking her inner thighs. But don't touch her vagina yet! You want to tease her and build up the anticipation.

Then, go down on her. Lick her clitoris to get it "primed." Now, once she starts getting really excited, insert two fingers into her vagina, with your palm facing up, while you continue to lick her clit.

About an inch or two inside the vagina, you should find a round ball of skin. This is her magical place: the G-Spot. You should be able to feel your fingers hook around and over her pubic bone. The G-Spot itself will feel like a little bump or mound that ranges in size from a nickel to a quarter.

Keep stroking that area with your fingers. Try massaging it in a circular motion with light pressure (about the same amount of pressure you would use to apply lip balm to your lips). Then slowly *increase* the amount of pressure you put on her G-Spot. It may start to feel more solid. This means you're hitting the right spot. To increase the stimulation, you can use your other hand to gently press down on the area between her belly button and her pubic mound.

You may also begin to feel muscle contractions in her vaginal walls, and her vaginal muscles might tighten around your fingers. This means your techniques are working! She's on her way to an orgasm. Keep it up. With some women, their vagina will loosen up and get very wet as they approach an orgasm.

She might tell you she feels like she's about to urinate, or needs to go pee. If she hasn't experienced an ejaculatory orgasm before, she may confuse the two sensations. Assure her that it's not pee; the feeling is perfectly normal and it means she is going to cum soon. Her instincts may be to hold back, so reassure her and encourage her to let go and release.

As she reaches her orgasm and starts to ejaculate, you could be in for a light gushing liquid—or a drenching spray! (You might want to have a towel handy.)

After this mind-blowing orgasm, she'll probably want to take a break because her vagina will be very sensitive (think of how sensitive the tip of your penis is after you cum). Unless she clearly wants more, don't try to launch into a second round right away. Lie with her and caress her. After taking her to this incredible sexual height, believe me, she's going to feel bonded to you in a new way. You've given her a level of sexual pleasure that she's never experienced with another man.

It won't be that easy to achieve the "squirt" with all women. It may require some experimentation and different positions. It's also important for her to be able to relax and let go of her inhibitions. You can try stimulating different parts of her body while you work on her G-Spot. For example, you can have her lie down on the bed, face up, and you kneel beside her and suck her nipples while you stimulate her G-Spot with your fingers. You can also try the doggie-style position, alternating between fucking her and using your fingers to work the G-Spot. And if all else fails, you can always add a vibrator to the mix.

Remember, before a woman can ejaculate her G-Spot must be highly stimulated and swollen. This means you will usually need to stimulate her for at least 20 before she explodes. Once she has reached a high level of arousal, you should increase the pressure and the speed of your stimulation. But every woman is different. It shouldn't be hard to tell whether your technique is working. Of course, you can talk to her and ask her what she likes. You can ask her to show you exactly where, and how, to touch her.

When she's in a state of extreme arousal, you can vary your technique and use the "Come Here" stroke. Bend your two fingers (the ones inside her vagina) into a "come here" motion as if you were motioning for someone to come toward you. With each stroke, you run your fingers along on the front wall of the vagina and massage her G-Spot area. Try shallow and deep strokes covering different areas of the region to see which ones give her the most pleasure. Also switch up your speed; start slow, and gradually stoke harder and faster.

While you're doing this, talk to her. Tell her how much she turns you on. Tell her she's beautiful. *And tell her to cum for you.* Her mind is the most powerful sex organ; you've got to stimulate her mentally in order for her to feel total physical arousal. If you know she likes to talk dirty, this is the perfect time.

Chapter 3: Advanced Female Orgasm Mastery by Dean Cortez

Hey, it's your wingman Dean Cortez and I'm about to share with you my personal "blueprint" for giving women the most explosive, brain-melting orgasms they've ever experienced.

When you're able to satisfy a woman in a way that she's never experienced before, something amazing happens...

Women have described this level of satisfaction as "a life-changing experience."

It's like a powerful 'release'...of tension, stress, even pain and freedom from certain ailments. (Certain common problems like back pain, excessive cramping, migraines, etc. seem to vanish.)

Women have found the experience, especially the first time, to be deeply fulfilling, in a way that they can't quite put to words.

Afterwards, they're more relaxed, vibrant, their skin tone is lively and has more color, they're glowing. (Women can tell, just by looking, that one of their friends has just had amazing sex.)

And... they're *happy*!

They're more at peace with themselves, and are more balanced, both physically *and* mentally.

Some women claim that they feel like they're *floating* when they walk. This is not an exaggeration.

In fact, as you get better at this and learn what to look for, you will be able to tell how orgasmic a woman is just by watching how she walks . More on this later.

Women who have never had an orgasm before, even by themselves, are relieved when they finally have their first one.

They stop worrying about it because they finally *know* for a fact that they can have an orgasm. It takes the pressure off, they can relax more and enjoy sex better, with a partner.

They stop being so self-conscious and stop secretly blaming themselves for not being able to have an orgasm. They also realize that if they aren't able to have an orgasm with a man *now*, there's a very good chance that it's the man who's to blame.

Okay...all this is great. But, "[What's in it for me?](#)" is the big question you may be asking yourself.

Fair enough.

See, aside from becoming a rare commodity among women, someone who can make them feel incredible, here's what's really in it for you...

Women who are this completely and deeply satisfied will *walk through fire* to make sure that *you too* receive as much pleasure as they can give you. They will do everything they possibly can to make you just as satisfied and happy!

And let me tell you right now... that is a level of pleasure and satisfaction that *few* men know about.

You're about to become one of those men...

Warning

Because of this new-found power and skill that you will soon have, you must be very careful about the women you choose to share this experience with.

When you're able to satisfy a woman so completely, on such a deep level, they will not want to let you go! They will do everything in their power to keep you!

Women will bond with you very strongly when you start satisfying them in this way. Sex goes beyond just a physical release for most women, especially when they experience powerful orgasms in the process.

As you've learned, this type of experience is life-changing. Those are the exact words of many women who have been lucky enough to experience this level of satisfaction.

So, if you're with a woman who is extremely clingy or needy, or has other mental/emotional issues, you will very likely end up creating a *stalker*. I am very serious here. (And, you will thank me for this warning.)

Please, please share this knowledge and experience responsibly, with women who are ready and mentally sound.

A master of martial arts doesn't go around beating people up whenever s/he feels like it. You will have a similar responsibility.

The great thing here is that you will start to choose and attract *a better quality of women*.

And, by the way, if you're with a woman who isn't compelled to satisfy you no matter how amazing and breathless you leave her everytime you have sex, leave her ass!

I am serious. If you learn and use this information the right way, but the woman you're with happens to be too selfish or self-centered to appreciate it, let her go. And, tell her why you're leaving her.

This has nothing to do with arrogance. It has everything to do with the fact that life is all about giving and receiving. You can't have one without the other. If you're in a situation where only 'giving' exists (whether it's you doing all the giving or the other person,) you must change that right away. There's an imbalance there that will turn into bigger, more serious problems if you let it continue.

There are lots of lovely, smart and generous women out there who will fully appreciate the rare skill and know-how that you have, and will want to please you just as much.

Of course, if you're already with a wonderful woman (girlfriend, wife, significant other,) you will find that sharing this experience with her would dramatically increase the level of intimacy, passion, and connection between the two of you.

It can also re-awaken a stale relationship or marriage....in a big way.

Your Role

In a sense, you will be playing a *teacher's* role in this scenario. You will show her things she doesn't even know exists! You will expand her reality of what's possible, you will expand her capacity for pleasure and experience beyond what she's used to.

Compare that to the average man's reality, where he has no clue how to satisfy a woman in the bedroom.

You see now why some women will view you as a 'sex god' when you learn this powerful knowledge and start using it on them.

I can't even describe the aura of confidence that will surround you after you master this knowledge. And, as luck would have it, women are highly intuitive beings who will notice this aura around you. They will know that you have something special to offer, and believe it or not, the ones who are in touch with themselves and their sexuality will find themselves wanting to approach you and find out what you have.

I kid you not.

It's ironic, isn't it, that you will become more desirable in the eyes of women after you've gained the confidence to satisfy them. That's just life.

The Big 'O'...Through Her Eyes

Before you get on your way to mastering this, you should probably try to step into a woman's shoes...for just a few moments...as best as you can...

I feel it's important for you to get a woman's perspective on just what an incredible orgasm feels like, in order to really understand and appreciate what you'll be doing to, and for, them.

I think this will be an eye-opening read...

Me: Can you describe what an incredible orgasm feels like?

Gillian (26): Wow...I don't think words can really describe what it feels like. But, I will give it a shot.

As you're nearing an orgasm, you can sense this warmth engulfing your entire body, you can almost *feel* the blood flowing faster through your body. Certain parts of your body start feeling tingly, tense and swelled up. Sometimes, you almost feel like you have to pee, as the area between your legs swell up and get aroused with more blood flowing to it.

You start to just let go of all your fears, worries, and anxieties. Your heart beat and breathing become faster, pumping yet more blood in just the right areas. And you can feel this pressure, this intense pleasure, building more with every passing moment.

At this point, you really let go of all your worldly cares and feel like you're in a trance. Your conscious mind has 'checked out.' The muscles between your legs start contracting; the pressure building and building till you can't stand it.

And just when you're sure it can't get any better, you sense something even more incredible is about to happen. Getting closer and closer...

Finally, it hits you like a tidal wave of the most amazing, warm, moist, incredible, overwhelming pleasure. The contractions get really fast. You lose control.

It starts from one point, usually the clitoris, and quickly rushes through your entire body, moving upwards and outwards...and then seems to keep expanding beyond your body till it seems that the entire universe is immersed in this explosion of pleasure.

Every muscle in your body spasms in the most wonderful, pleasurable way. Yet, you can't remember everything that is happening because you're lost in the intense pleasure and your brain is just too overwhelmed to keep track of everything that's going on. (This is why it's almost impossible to describe exactly what it feels like. You just can't.)

Your mind goes blank, every single muscle in your body ripples with incredible pleasure. And in those few, small moments, you feel like you're one with the entire universe. You're filled with pure ecstasy, joy and you're completely at peace with the world.

(And, if you're lucky, that's just the first one for the night.... Hahaha)

Me: WOW..... I really don't have any other response to that...

Gillian: I know the feeling! :-)

Me: How different do you feel now, compared to what you felt before you experienced that first orgasm, as you described above?

Gillian: [...pauses for a few moments, as if searching for the best words and not finding them...] *I feel like my whole life has changed...*

[...she gets teary-eyed the instant she finishes that sentence...]

This is the power you're about to have in your hands...

The Problem (For Men)

The challenge for most guys is, they can't even get a *highly-orgasmic* woman to climax, let alone satisfy someone who is not able to have an orgasm even by herself.

The problem is, most men just don't know enough about the female body - and *mind* - to get her aroused to the point of orgasm.

Initially, my goal for this manual was to focus on showing you how to make women, who had experienced several orgasms in the past, to easily climax, and even have stronger more intense orgasms.

But, as I wrote this report, I decided to take it a step further and also show you how to make women, who had *never* had an orgasm before, experience their first one.

I have taken women who had never had an orgasm on their own, and made them explode intensely for the very first time in their life. (It's a life-changing experience for many women, as you're already aware of.)

(That is what I will teach you in this manual. Provided you read every word and start practicing.)

Getting a woman who has never had an orgasm, even on her own, to experience her first one is (obviously) a bit more challenging. These women will start out with minimal (or zero) orgasms... and it will grow each time, with each session, till they're coming like a maniac.

You will need to have patience because, in these cases, the sexual energy will be repressed and congested quite a bit.

Don't force it on the first few sessions if they're not ready. That won't be fun for anyone, and could also become painful for the woman.

Nothing worthwhile happens overnight. Some results will be seen immediately. Others will take a few sessions to take effect.

Practice. If you care about her, you'll do it. And, of course, the rewards will be well worth it.

I guarantee that this stuff works. It's female tested and approved . You just have to learn it, and start using it.

The good news is... if you're with a woman who is already fairly orgasmic, at least on her own, you can take her to heights of pleasure that she has never ever experienced before - even during the first time you're with her. And, that's pretty damn cool. ;-)

The Problem (For Women)

First, let's talk about a woman who **is** able to have orgasms by herself, but isn't able to have it with a partner.

The most common reason for this, obviously, is the man she's with and his lack of knowledge/experience with a woman's body.

The second most common reason is her level of comfort. Most men are clueless about this, yet this is one of the biggest reasons why women can't have an orgasm with a man.

In fact, I'll even go as far as to say that 'comfort,' in my opinion should be ranked as the #1 reason why women can't have orgasms. A man's lack of knowledge and experience in the bedroom should be ranked 2nd.

When a woman is comfortable and relaxed - both mentally *and* physically, she will have no problem having an orgasm... even if the man she's with is an average lover.

So, let's talk more about comfort, since it's obviously pretty darned important...

There are hundreds of reasons why a woman can be uncomfortable and a bit tense prior to, and during sex. The causes can be physical, mental, or both. The end result is that her body will not respond to stimulus as it should.

Here's a list of some common reasons for her discomfort:

- She may be tired, stiff, or sore from either a physically-strenuous activity, or a mentally-draining one (a rough day at work, drama/stress caused by other people close to her, cramming for an exam all day, etc.)

- She may be insecure about herself, her body, the shape of her breasts, her underwear, that extra pound she thinks she gained during lunch, etc.
- She may really like the guy but may not feel the connection and closeness with him *yet*. (And, the reason she's going along with it is coz she's afraid she might lose him if she makes him wait much longer.)
- She may feel rushed or feel that things are moving too fast
- This may be her first time with this particular guy (or her first time, period) so she may feel nervous, uneasy, anxious, etc.
- Or hundreds of other possible reasons that may be causing her discomfort, uneasiness, nervousness, or whatever.

The important thing for you to remember, as someone who wants to give her pleasure, is to help her *relax*, make her feel *comfortable*, attractive, beautiful.

The more comfortable and relaxed she is, the more she can let go of any worry, concern or insecurity and fully immerse herself in every pleasurable moment of the experience. The end result is an incredible orgasm.

Simply doing small things to make her feel comfortable and secure about herself can make a big difference.

I'll give you some examples of what to say and do in the "*Building Comfort & Security*" section.

Then, there's also the case where she may really like the man she's with, she may really want to start and grow a relationship with him, *she may even love him already*...but...for some reason, she just can't feel arousal, or even attraction, towards him.

If you're a man reading this, you may be thinking, "That's just ridiculous. Why would she even want to sleep (and be) with a man she's not attracted to?"

That's a fair question. And, believe it or not, there are thousands of women out there who just happened to 'end up' with a man, for one of many reasons...

- She may have finally given in to a good friend (and a good guy) who kept asking her out.
- She may have married into a family that she was 'destined' to, i.e. the families and societies had assumed it would happen for so many years that it was a done deal.
- She may even have been convinced (sometimes *forced*) into an arranged marriage for one of many reasons. (Yes, this still happens, and *not* just in the eastern cultures.)
- Also, she may have experienced a previous bad relationship, or marriage, and certain things about the new person (especially in the bedroom) may take her back to that negative experience and memory. (Sometimes, we don't notice these things till we're right smack in the middle of the relationship.)

Important: Don't start to assume that the woman you're with is not attracted to you, just because I listed it above as one of the 'possible' reasons. (Most men are very quick to take things personally, especially when it's related to his 'performance' in the bedroom.)

And, if you do happen to be one of the *rare* few who *is* in the above situation, don't worry, I have a solution for that too, which I will share with you. ;-)

By the time you're done with this manual, you'll be able to turn a woman on even *before* you physically *touch* her. And, believe me, very soon after that, she'll be *begging* you to touch her and *more*.

Next, let's talk about a woman who is *unable* to have an orgasm, even when she's with herself.

In these cases, there is some level of repression that goes much deeper than the reasons discussed in the earlier scenarios.

As touched on previously, every form of mental problem will eventually affect a person's physical body. The physical body will take the toll and will stop functioning optimally.

And, whenever the body gets tense or stressed out, one of the main functions that get affected is the sexual function. After all, it's one of the most important

processes of our body - and life. (It's how we procreate and continue our species!)

When the sexual processes of your body are functioning properly, it's a good sign that you're very healthy, both physically and mentally. And, visa versa.

Repression can be in many forms:

- She may be associating **guilt** to thoughts or feelings about sex, stemming from her upbringing, religious beliefs, culture, etc. (Guilt is a big one.)
- She may be an extremely driven, competitive, or ambitious personality and constantly put herself through stressful, challenging or high pressure situations.
- She may have been sheltered from all things sexual, growing up. Her parents, teachers or others may have warned that sex is bad, painful, immoral, evil, etc. in hopes of keeping her 'safe.' (Parents don't realize that certain 'temporary' negative associations they throw out stay with children long after they've become adults.)

- She (or someone close to her) may have been physically or sexually abused.

The end result of all of the above is the same: knots, spasms, stress and strain on her body, causing blockages that restrict the flow of energy through her body...and often other, more life-threatening health problems.

In some cases, the woman will try to force an orgasm, just so she can feel better about herself and her body. She will try using a vibrator, other toys, or anything else she can think of.

Unfortunately, trying to force an orgasm when your body just isn't able to flow the energy freely can often worsen the problem. By over-using vibrators, toys, etc., her private areas can become *desensitized*.

So, you see, in all of the above cases, it's not the orgasm that takes a while to come about. It's the stress and tension of the body (and mind) that takes time to get cleared out. It's the restriction of the flow of energy through the body that needs to be worked on.

Getting a woman to experience incredible orgasms has more to do with how her body is functioning, and how freely energy is flowing through her body, than "sexual technique."

Don't get me wrong, technique is very important. But, if you only focus on improving your 'technique,' you'll be at a huge disadvantage. You will not attain mastery.

If her body, and mind, isn't ready for pleasure, techniques will be of no use to you.

Unless you take care of the physiological 'flow' problem, no amount of technique will work. It will only make her bored, numb, or even sore. And, none of those will get you invited to a repeat performance.

By the way, don't worry, I will give you lots of great techniques to use. Just remember that there are steps you need to take *before* you start using the techniques, if you want her to experience fireworks like the 4th of July.

It's All About ENERGY!

So, you see, it's all about how relaxed and comfortable her body is...which determines how well her physiological processes are functioning.

In other words, it comes down to one all-important factor: **energy**.

The more freely the energy is flowing through her body, the more amazing and explosive her orgasms will be. (Just ask any woman what happens to her sex drive and orgasms when she's stressed out, tired, or mentally-taxed.)

The problem, especially in the western culture, is that most people's idea of a 'normally-functioning' body is already pretty stressed out and tense. So, most of us never realize just how restricted our bodies are.

By the way, this is *also* true for the male body. Stress and mind clutter (i.e. too much on your mind) will dramatically affect your performance, and drive, in a negative way.

Your body functions very much like a car, or any other machine. Even the smallest blockage (ex. dirty spark plugs) or drain (no gas) will affect the overall performance of the machine. One little fuse or circuit short can bring the entire car to a halt.

Similarly, even the tiniest knot or spasm in a woman's body can block the flow of energy. That means, the flow of *pleasure* is also affected.

The more knots, spasms and blocks she has, the harder it will be for her to reach orgasm, or have one as powerfully as she is truly capable of.

Women with extremely rigid and tense bodies are not able to have any orgasms at all, especially if they have been carrying that tension and stress for many years.

The great news is, unless the stress and tension is caused by deep psychological issues, it is *reversible*!

Women can start having more frequent and powerful orgasms simply by getting 'full body' deep tissue massages on a regular basis. (And, I mean **full body**. More on this later.)

This may be hard for men to believe, but it's absolutely true.

The right form of massage can dissolve all the knots and spasms from a woman's body so the energy (and pleasure) is flowing freely and powerfully. This alone can have an incredible effect on a woman's orgasms, and life.

Now... here's the problem...

A professional masseuse can only go so far. Even when you request a full body massage, most of them will not go anywhere near a woman's private areas, for obvious reasons.

Additionally, most women will not want a stranger to poke around in her private areas anyway.

Of course, the problem is that a huge part of the blockages (knots and spasms) reside around a woman's genitals and neighboring areas. And unless this is taken care of, she just will not have an orgasm. Or, she may have an orgasm but never truly experience one so intensely that it will change her life.

And, that's very, very unfortunate.

It's also the reason why I decided to write this manual.

There are many women out there who are unhappy, angry, bitchy, bitter. And the worst part is, many of them *don't know why* they are this way!

As hard as it may be for some people to believe, just one amazingly, mind- blowing "whole body" orgasm can often fix all those problems. I'm very serious.

When a woman is not able to have powerful orgasms, her body is out of balance. And that affects everything, including her mental state.

If you are a married man reading this and thinking, "[Wow, those are exactly the problems my wife has](#)," now you know how to fix it easily.

Okay...now let's get back to the unaddressed problem... stress, tension, and blockages in a woman's *private areas* that restrict blood flow to those areas.

You see, aside from the major muscles of her body that can get tense and stressed, there are **thousands** of nerve fibers in her vagina alone. There are even more fibers in the neighboring areas, including her pelvis, hips, and upper thighs.

All of these areas can get very tense, stressed, and restrict blood flow. (Some women try to fix the problem by taking certain drugs that are designed to engorge blood in those areas. This is not the best solution and can often worsen the problem, or have negative side-effects.)

There are easier, safer, and more *enjoyable* solutions to the problem.

Opening the Floodgates of Pleasure

As you've learned, some of the main culprits that cause a woman to not have orgasms are: tension and stress in her physical body, mental discomfort, uneasiness or insecurity, and lack of adequate arousal (or even attraction.)

We'll go over each one in more detail below, and explain how to fix the problem in unique and powerful ways...

Physical Body

The biggest problem (and also the easiest one to solve) is to get a woman's *physical body* as relaxed and stress free as possible.

As mentioned earlier, this alone can dramatically improve a woman's ability to have an orgasm. If she's already pretty orgasmic, relaxing her body will only make her orgasms stronger and more intense.

External Massage: A nice, leisurely massage is one of the best ways to give a woman pleasure, long before you start giving her sexual pleasure. Ask any woman and she'll tell you.

Most men just have no idea how wonderful and thankful a woman will be after you give her a nice massage. In this day and age, we are all in such a hurry to get to the 'sex.'

A massage can begin to awaken a woman's body, removes knots and spasms so the energy (and blood) can flow through her body freely. (You already know how important that is.)

Make it a point to start your lovemaking session by giving her a nice, relaxing massage. Don't 'try' to turn her on right now. (A massage is already sensual by nature.) Just focus on getting her body – and muscles – to awaken, open up and relax.

This is also a great way to relieve her anxiety, nervousness, and even some of her insecurities (if she has any.) Getting her body to relax also helps to relax her mind.

Start with a light to medium touch. Then, go back to those muscles and go a bit deeper. By doing it this way, the muscles will be more responsive and inviting to your touch. If you hit them hard at the very beginning, they won't open up to you.

Work on the larger muscles first. Start with back first, this is the largest area and has some of the biggest knots. Shoulders and neck are the next. Glutes and thighs are another major area. So are the lower back and sacrum areas.

In the front, you've got the chest, legs, and hips.

As you get rid of the knots and spasms, she may find herself crying, without knowing why. This is actually normal.

Every mental problem or stress of our lives end up manifesting in the form of knots and spasms in our body. As you break up some of those trapped energy, it will release the tension – and memory – that got trapped there.

And, enjoy giving the massage! If you're just doing it so you can get to have sex with her eventually, she will pick up on it. Women are very intuitive.

Warning: Do not massage the crease where her leg meets her hips. That "V" line that separates her legs from her private areas should not be massaged or pressured in any way. The same goes for the area *under* her arms.

Oh...if you don't know how to give a massage, I strongly advise you to take a class right away. Just trust me on this. If you want to be giant steps ahead of most men, in the pleasure department, learn to give a good massage.

I recommend that you use natural oils like grape seed, avocado or walnut. These are also great for her skin and will only help her feel even better during the massage. (Stay away from mineral oils.)

But, you're not done yet...

Awaken Her *Internally*: After working on the major muscles of her body, work on her erogenous zones. Gently but firmly massage her butt, sacrum, breasts, hips, pelvic area, her mound, and yes, even the outer *and* inner muscles of her vagina. (Remember, these areas have thousands of nerve fibers that easily get restricted...and need to be **awakened**.)

Be sure to use a lot of oil. You don't want to bruise her body, especially the sensitive areas. Use two or three fingers to gently massage all sides of her inner vaginal wall. Gently massage all these areas, in all 4 directions.

Not only will this massage feel sensual and pleasurable to her, it will start to awaken the thousands of nerve fibers that reside there, which will only increase her capacity for pleasure and her ability to reach orgasm more easily.

Most women have no idea that this type of *internal* massage is needed to awaken the inside of their vagina and the neighboring areas. And, so they never really discover why they can't have powerful, whole-body orgasms.

In fact, most women assume that the orgasms they're having currently is the best they will ever get. (Now you see why I promised that you'll learn things in this manual that most women don't even know about. And, this is just the tip of the iceberg. ;-)

Extended Foreplay: If you've ever wondered why foreplay is so important, this is why. Spending enough time on foreplay also helps relax *and* awaken a woman's body simultaneously. As the woman gets more and more aroused, the blood flow to her erogenous zones continue to increase. This, in turn, increases her sensitivity and ability to feel pleasure.

Extended foreplay can also include flirting with her all day long, while the two of you are physically apart from each other (at work or whatever,) using the phone, text messages, email, sexy notes left in her purse before she leaves in the morning, etc.

Laughter: Getting her to laugh, either yourself or through the use of movies, tv, etc. can be a great way to relieve physical stress, tension and also make her more comfortable mentally.

I make it a point to only date women who have a great sense of humor, or at least those who love to laugh. This makes my job 10 times easier because a woman who laughs a lot is already helping her body release all the built up stress and tension of the day.

Laughter is very powerful. Plus, it ensures that you're always with a fun person.

(Can you imagine dating or marrying someone who doesn't enjoy laughing? Yikes! Scary thought...)

OH yeah... a woman who is a lot of fun *out of bed*, is always a lot more fun *in* bed as well, compared to other women. You definitely don't want to sleep with someone who is rigid, always serious, and has no sense of humor. (If they're not the type of person you'd want to hang out with, they should definitely not be worthy of your bedroom.)

Life is too short to be dating these types of women...especially when there are thousands of lively, humorous, fun women out there, just waiting for a good guy to come by and create some fireworks.

Physical Activity: By physical activity, I mean doing something fun. Exercise, sports, taking a tennis class or a yoga class together...anything that will get the blood pumping and the body moving is good. (This is not about over-exerting your body.)

Physical activity, including exercise, also increases the production of certain chemicals in the body that help sexual function and arousal. This is also why regular exercise is very helpful in maintaining a healthy sex drive, libido and performance.

A great way to combine some of the above is to enjoy some physical activity together, then hop in the shower together, make out in the shower a little, get out and share a relaxing and sensual massage....and *then* get into the heavy stuff.

Orgasms are guaranteed

Guided Relaxation: Learning to take a person through a guided relaxation session is a great skill to have. And, it really doesn't take much to become good at it, especially when you're working with women. Most women already love this kind of stuff.

This type of relaxation technique gets their body to relax **and** it also gets their *mind* to let go (which we will discuss more in the upcoming section.)

Here's a sample script you can use, the next time you're with a woman:

Me: Hey, you wanna try something fun?

Her: Sure

Me: Okay, close your eyes for a second, and just try to get as relaxed as possible. Take a few slow, deep breaths, and let them out slowly.

Now...if you were to pick the most relaxing thing you could ever do, what would it be?

Her: Oh, that would definitely have to be soaking in a nice, hot bubble bath.

Me: That sounds great. Is your entire body immersed in the water?

Her: Yep, whole body, except for my head.

Me: Ok...and your head's probably resting against the edge, right?

Her: Yes, that's it.

Me: Are your eyes open or closed.

Her: Oh definitely closed. I'm totally gone. Haha

Me: Sounds very relaxing. How does the warm water feel against your body?

Her: Oh, its just so warm and soothing.

Me: I bet you can just feel all the stress and tension dissolving away, huh?

Her: For sure. I feel really light, and relaxed.

Me: That's great. On a scale from 1 to 10, how relaxed would you say you are right now?

Her: I think I'm at an 8.

Me: 8, that's pretty good. So...what would it take for you to go from 8 to 10?

Her: Hmm.... I think some soothing music playing in the background would surely take me to a 10. And maybe a few candles for sure.

Me: Wow...yeah, of course. I can see that.

So...as you imagine this soothing music playing, at just the right volume, and you sense the candles flickering around you, maybe even giving off your favorite scent...how relaxed would you say you are right now?

Her: I think...I'm definitely at a 10 right now.

Me: That's really great. Now, if you were to slowly open your eyes, but let that relaxed feeling stay with you, I bet you can still stay at a level 10, can't you? As you slowly open your eyes now...

Her: [Opens eyes]...Yeah...wow...I feel really good.

Me: Wonderful...

Two things happen when you take them through this guided relaxation: 1) they become very relaxed (both physically and mentally,) and 2) their body starts to awaken to pleasurable sensations. Both of these are great for getting them primed for an amazing orgasm.

Notice how I ask them questions about what they're feeling and continue taking them deeper into relaxation till they've reached a level 10 – whatever the '10' means to them.

Obviously, the relaxation process will vary from woman to woman. It doesn't matter. Just keep asking them questions about where they are, what they're doing, what's going on around them, and how they're *feeling*... both mentally *and* physically.

You can also combine a guided relaxation during a massage, for a double whammy.

Many years ago, I used to offer hypnosis as a service. (Can you tell? ;-)

Naturally, most of my clients happened to be women, because women are more open and in touch with these things, and with themselves.

During some of these guided, hypnotic relaxation sessions, some women would physically experience **snaps** in their bodies, much like a rubber band snapping. This was actually a result of their bodies releasing built up tension, as they became more and more relaxed!

That should give you an idea of how stressed and tense some of these women are, and most of them never realize it nor do anything about it.

It's no wonder so many of them can't have powerful, whole-body orgasms. Their bodies just aren't ready for it, no matter how much 'technique' or direct stimulation is applied.

Building Comfort & Security

Making her feel comfort and secure about herself and her body is obviously an important process.

If it's her first time with you, she'll most likely feel a little discomfort and even a bit insecure about her body. She also doesn't want to feel like a 'slut' for wanting to sleep with you and may have some hang-ups about having sex too soon.

All of this discomfort and insecurity can easily be taken care of, simply by saying the right things to her.

Here are a few examples of what you could use to make her feel more comfortable and secure...

If you're about to sleep with each other fairly quickly since first meeting each other, you could say...

"I realize this is moving fairly quickly. And, normally, I'd be a bit hesitant about it. But, you know what... I really like you a lot, and I feel that we really have connected so well with each other. And not just a physical connection, y'know? I feel really comfortable with you."

Additionally...before I have sex with her for the first time, I will stop and say... "Listen... before we do this, there is something I have to tell you...

First of all, I want you to be absolutely sure that you want to do this. If you're not sure, I don't want us to continue. Because I want us both to enjoy this as much as we possibly can, and I don't want there to be any regrets.

Secondly, we *must* use a condom. There is just no way around this. Safety is very high on my list.

Are you okay with all of that?"

Here's the reason for the above two speeches...

Most women are concerned about the things mentioned above *anyway*. By getting it out in the open and addressing them, you get it out of the way, and out of her mind.

Also, a woman who hears a speech like the one above will think, "Wow, this guy is not just here to f*ck me. He actually has standards and cares about more than just physical gratification." And that will make her feel more comfortable and confident about her decision to sleep with you.

Once you've got her naked in front of you, or as you're in the process of taking her clothes off, you can once again make her feel secure about herself. Even supermodels who seem to have perfect bodies are insecure about some part of their bodies.

You can say something as simple as, "Wow...you look... beautiful." Just those few words can do wonders for her.

And be genuine about it. Don't try to over-do your comments.

Don't say, "You have a model's body" if she's soft or heavy. She's not stupid. Keep it simple, and mean what you say.

Stimulating Their Senses: One of the main differences between men and women, as discussed in "*High on Sextasy*," is how they view and perceive the world.

While men are mostly visual, women prefer the other 4 senses more. This is most visible when it comes to sexual arousal.

In order for most men to get aroused, all they need is a visual of a naked or scantily-clad attractive woman. That is enough to get men to start thinking about sex and get them physically aroused.

For a woman, it usually takes a bit more than just the *visual* of a naked or almost- naked, attractive man to get her aroused...unless she is already turned on to some degree. She also needs her sense of smell, taste, sound, and touch to be engaged along with it. In fact, often times, she'd rather have all the attention go to her other 4 senses instead of her sense of sight.

This is why women prefer to read a romance novel or erotic story instead of watch pornographic material (videos, magazines, etc.)

It's not that women hate porn. Studies show that the modern woman actually enjoys watching porn. It's just that she doesn't get turned on by it...not enough anyway.

She needs more than just the visual. She needs her *other* senses to be stimulated. Erotic stories and fantasies do just that, which is why women love that stuff.

It's the very reason every major bookstore has an entire section reserved for romance novels (ranging from 'soft and sensual' to 'hardcore.')

So, you see, women (at least the sexually-empowered ones) are just as eager to have sex. But, most men simply don't know how to get her aroused enough that she will *want* to progress to the next level, short of touching and kissing her.

Most men don't know what stimulus to offer her, to get her aroused.

Okay...so, how do you stimulate her senses?

By, using *words*, of course.

I prefer using my voice for this. But, if needed, you can also use written words

(email, text message, hand-written notes, etc.)

Here's a sample of what you can use to get things started:

Me: Hey, what would you say is your favorite scent?

Her: Oh, I love the smell of freshly baked cookies!

Me: Oh, me too! And, I love apple pie too.

Her: Yeah pie is good.

Me: What scent would you say turns you on the most?

Her: Umm... I love the smell of a man's aftershave.

Me: Oh yeah? Is it because it means he's just showered and shaved?

Her: Yes, exactly! He's all clean and smelling great, and smooth skin..

Me: Cool. What other smell?

Her: Scented candles.

Me: Ah, yes... what's your favorite scent?

Her: Lavender.... Vanilla is good too, but not too strong.

Me: Great. And what about touch? Either you touching something or it touching you...

Her: Hmm... silk sheets... I love those.

Me: Yeah, that feels great against your skin, huh?

You get the idea. You can go deeper with this, go through each of her senses, amplify her favorite one, etc.

You can also combine the sensory script above with the earlier 'guided relaxation' script for a powerful combined effect.

When you're saying these words to her, you should be in an aroused state yourself. Otherwise, this stuff won't work as powerfully as it is designed to.

Remember, you're taking on the *teacher's* role. So, you have to *lead* them, by going there *first*.

I also strongly recommend that you get her to experience an orgasm over the phone, first. (I recommend you do this even if you've already had sex with her at least once. You'll see why below. I will also share a sample conversation/script that you can use as a guide.)

There are many benefits of this. Firstly, it's much easier for her to have an orgasm by herself because she knows her body best. Also, when you're on the phone, she's likely in her bedroom where she feels safe and completely comfortable. She can do whatever she wants to herself, to reach orgasm, without your knowing.

Also, people are generally more open and uninhibited when on the phone than they are in person, face to face, for obvious reasons.

Secret tip: You can also use this opportunity to associate (i.e. *link*) your voice to her arousal state and orgasm. You can use this at a later time to get her aroused very easily. (More on this powerful strategy later.)

[Remember, when I told you earlier that you will learn things in this manual that most women don't even know about? You're starting to get a taste of some of those powerful methods now. :-)

In a later section titled, "*Get Her Highly Aroused Without Touching*" I will give you some specific languaging to use, to get her incredibly turned on, or even get her to have an orgasm, just by using your words.

When you're having phone sex, or even when you're enjoying the real thing... Find out which sense(s) your lover prefers more, over the others. Make a note of those and use them in the future, to intensify her pleasure.

Mind Candy

You've probably heard before that the most powerful sex organ in a woman is her *mind*. This is absolutely true.

Due to the nature of a woman's neurology (how she's wired,) and how she perceives the world, her mind is the absolute easiest way to turn her on and get her closer to an earth-shattering orgasm.

You've already had a taste of this, and seen the effects of just your words, in the previous sections. You've already seen how using just words and questions get her thinking erotic thoughts, which in turn gets her body turned on.

Now, we're going to take it even further and discuss more powerful ways to turn her on.

I guarantee you, that what you're about to learn here is stuff that most women don't even know exists. When you start using these powerful methods on women, she will see you as someone very unique and special...unlike any other man she's met before.

Create Attraction: Here's an easy way to make her feel irresistibly attracted to you.

The power of this technique comes from the understanding that every woman has an 'attraction process' that she goes through in order to feel the feelings of 'attraction.'

In the popular manual, "*Seduction Secrets for Men*," I revealed two very powerful secrets about persuasion.

The first one was...

If you can get a person to *feel* a particular emotion while they're with you, their mind will *attach* that emotion to you.

For example, if you both see something funny and start laughing together, on some level in your minds, you'll associate "being with the other person" to "fun," "enjoyment" and "laughter."

The next powerful secret is...

If you want a person to feel a certain emotion, all you have to do is *remind* her of *a time in the past* when she felt that same emotion.

Example: If you want her to feel the feelings of "attraction" (so that you can attach those feelings to you.) just get her to think of a time in the past when she felt the sense of attraction with someone.

The easiest way to do that is to get her to reveal her 'attraction process,' by asking her about it. Here's a sample script that you can study and use. I recommend that you do this one in person, not over the phone:

You: So, I've got a crazy question for you... can you remember a time in your past when you felt incredibly attracted to someone?

Her: [Laughs] Yes, of course.

You: Oh, cool. So, I'm curious... what's the first thing that you noticed happening either in your mind or in your body? What's the first change or the first signal you get when you realize that you are *really attracted* to...this person?

Her: Umm.... I start getting anxious....and excited.

You: Wow...that's interesting. What else do you notice? Do you feel anything in your body at all?

Her: Sure, I start feeling all tingly and hot. And, I get butterflies.

[Clarify what she means by each description. Don't assume anything. By doing so, you will also get her to re-experience what she felt.] You: Oh yeah? That's pretty cool. Do you feel tingly all over your body?

Her: Umm...no, mostly in my chest area.

You: Ah, ok....and by "hot," do you mean that you get turned on, or you feel temperature hot?

Her: Temperature hot. Like, my body gets really warm and fuzzy...you know.

You: Yeah, yeah...I think I know what you mean. And, the butterflies are, of course, in your stomach, right?

Her: Yeah, butterflies in my stomach first.

You: Oh...and then what happens?

Her: Then, the tingly sensation...and then it moves up to my chest.

You: Ohhh....so you get the butterflies *first*. And, then it turns into the tingly sensation as it moves up your chest, in that order?

Her: Yeah...

You: Wow... that sounds pretty cool. I bet it feels great, huh?

Her: Yeah, it feels pretty good... [Followed by a soft laugh]

You: So...let me see if I got this right... [Repeat her entire process again so she can feel it even more strongly]

When you find that you're attracted to this person you're with....first of all, you get a bit anxious and excited... And, you get warm and fuzzy all over.... Then you feel the butterflies in your stomach, right? [She agrees.] And, then it starts to get all tingly and moves up to your chest, huh?

Her: [Face is one shade redder than before. Takes a long, deep breath and says]

... Yeah, that's it.

You: How do you feel right now?

Her: [Giggles softly] Really good.

You: Yeah?

Her: Yeah...reeeeally good.

At this point, her face is flushed, she's breathing heavy, parted lips....she is experiencing her own 'attraction process.'

This is powerful stuff!

Important: Every woman's attraction process is slightly different. So, when you ask her the questions as shown above, her answers may be different from what is shown above.

Pay attention to *her* answers. And, repeat those specific answers back to her - in the correct sequence.

The key to get her to feel turned on is to talk about feelings and emotions, and past experiences. Ask her about hers, share yours. The more she talks about it and describes it, the more strongly she will feel all of it again, right there.

Get Her Highly Aroused *Without* Touching: This process is very similar to the attraction process shared above.

In this case, you'll ask her questions that will get her to reveal her 'arousal process.' And, just as it happened above, as she starts describing her process, she will once again start to *feel* the same emotions and sensations.

I recommend that you do this one on the **phone** first, especially if you've just started dating someone new.

Get her to have an powerful orgasm in the privacy, safety and comfort of her own bedroom (it's much easier for her to have one in that setting.) AND...link her experience to your voice so that you will be able to get her to orgasm a lot easier when you're together in person.

Tip: As you start going in that direction, over the phone, and as she starts to get turned on, you may get some resistance – even if you've been dating her for a while, especially if this is your first time experiencing phone sex with her.

No problem. You'll just need to build some comfort and reassurance in her. You can use phrases like these (below) to easily get the job done...

"I bet you would sound incredible when you come."

...Or...

"Wow...I can't wait to *hear* you...Just the thought is driving me crazy..."

Here's a sample phone conversation/script for it:

Me: Hey, Gillian... how are you doing?

Her: Oh hey! I'm good...and you?

Me: I'm fine, thanks. I had fun at coffee on Tuesday.

Her: Yeah, me too. HEY, I've been thinking about that 'dream catcher' story you told me. That was so cool, I was telling my friend about it.

Me: Oh cool. Yeah, I liked how that story ended. [It ended with us kissing]

Her: [Laughs] Yeah, that was definitely a good ending, huh?

Me: Yeah...and you remember what I whispered into your ear after that? [That if she gets me on the phone, she'll be in big trouble.]

Her: [Giggles] Yeah... but, I bet you're all talk, huh! [Oooh, nice challenge.]

Me: Oh, you think so, huh?

Her: Well? You tell me!

Me: Okay, where are you right now?

Her: Umm...in my room.

Me: Is your door open?

Her: Yeah...

Me: You'd better close it.

Her: [Short giggle] K, hold on.

Me: Ok....so if you were to think back to a time when you felt really...."excited"... [Said in a seductive voice.]

Her: Uh huh...

Me: What's the first thing that you felt in your body? How does it start for you?

Her: Like my body is covered in warm, gooy liquid.

Me: Sounds wonderful. What happens after that?

Her: I'm all tingly all over...and I can feel...certain parts...start to throb and swell up.

Me: Yeah?... Which parts?

Her: You know.....[pauses].....like between my legs [voice gets softer]

Me: Yeah... feels really wonderful, doesn't it?

Her: Yeah it does

Me: What happens after that?

Her: It just keeps building...and spreads through my body.

Me: Does it spread slowly or quickly?

Her: Slowly at first. Then when my whole body is covered, it spreads again...faster.

Me: Spreads again...what do you mean?

Her: Well....it starts again from the same spot and spreads faster all over.

Me: Wow...and does your breathing change at all?

Her: Breathing gets quicker...and my heart starts beating... faster.

Me: Yeah...and it feels really good, huh?

Her: Really good....and it keeps building, feeling better and more intense all the time.

Me: Do you still feel excited or anxious?

Her: You just...like....you let go of everything...and you just enjoy it and you're not worried about anything. All your cares like...just...fade away...

Me: And you just keep feeling better and better, huh?

Her: Yeah....

Me: Do you still feel the throbbing in...you know....

Her: So much now...the muscles just...the contractions are happening ...and it just keeps building till you can't stand it anymore.

Me: I bet you're really wet at this point, huh?

Her: So wet....so wet right now....

Me: And you feel just....so ready, don't you?

Her: I'm so ready....yeah...

Me: Just throbbing faster and faster...and the pleasure just building...

Her: yeaah.....really fast.....so fast....so close....

Me: I can't wait to hear you...I bet you would sound incredible...

At this point, all you really have to do is keep accelerating her state by using words like 'faster,' 'harder,' 'deeper,' etc. Keep amp'ing things up while she pleasures herself and takes it to the finale.

As you can see, the above is very different from the average 'phone sex' conversation. All you're doing is asking her questions that lead to the next stage of her 'arousal process.'

That's it!

Notice that hardly any dirty or sexual words are directly spoken. It's all just about what she's *feeling* and experiencing. That's why it works so well, and so easily.

As she's describing each state, she's re-experiencing it, and her mind - and body - remembers and follows along almost on auto-pilot.

You can also add in phrases like these...

And, you're being touched...in just the places you want be touched most... in exactly the way that you want to be touched...it can just take you all the way to the peak of ecstasy, can't it?

Again, notice how different this is from what most guys would say to turn her on. I never really say exactly where I'll touch her, or how. Because I have no idea how she likes to be touched! So, I'm not going to assume anything.

Instead, by phrasing it as I've done above, I'm letting **her** imagine it in exactly the way that *she* likes, so that she can have the best experience, and create the best orgasm - that no one else could ever give to her.

BUT... since you will be *anchoring* her orgasm in some way, you'll be able to give her some pretty amazing orgasms later - more amazing than anyone else ever has.

And, as you start to combine this technique with all the other strategies and secrets in this manual, you'll soon be able to give her orgasms even more powerful than she can give to herself!

Now, if *that* doesn't qualify you as a master of female orgasms, I don't know what does. ;-)

Actually, wait... coz it does get even better than this... next...!

Orgasm On Command: I can't believe I'm revealing some of my best-kept secrets here, but hey, if it helps more women out there to enjoy life more and live more fully, then I'm all for it.

Here are some powerful ways to create orgasms *on command*...

Install Your Voice : When you're getting a woman aroused, especially over the phone, be sure to 'install' your voice to her experience.

There are a few ways to do this. The first one is to simply say certain words, like "Yeaaaah...," or "Feels soooo good..." etc. The key here is to use a soft, erotic voice. In other words, you have to feel aroused as well, when you're saying those words. (And, if the image of a woman masturbating on the other end of the phone doesn't get you turned on, something's wrong.)

It is best to use this voice (and words) when she's highly aroused (i.e. very near an orgasm) and also *during* the actual orgasm. You may have to speak over her moans. It's okay, you can do that.

This is extremely powerful stuff. And, yes, *it works!* More on this below... Creating Arousal Anchors : What you've just done above (with your voice) is create an **anchor** (or a trigger/switch) using your voice.

Here's why this is so powerful....

When a person is feeling a peak emotional state (pleasure, joy, excitement, etc.,) whatever is going on around her will get *linked* to her experience. It will become a **trigger** that you can use in the future.

That means, the next time you're with that person, and you'd like her to feel the same emotions strongly - **and instantly**, all you would have to do is say those exact same words, in exactly the same way (same tonality, same tempo, with just as much emotion,) ... and she will *instantly* go back to the emotional high (or very close to it) that she was feeling when you 'installed' those words.

An anchor is a way to 'lock in' her emotional experience for an instant replay, sometime in the future.

If they've felt something at least once, they can feel it again. And they can even experience more vividly and powerful than they've ever done before.

YES, that means, you can teach her to take her orgasms *to the next level*!. Who's the master now? ;-)

Okay... the above example of installing your voice is just one form of an anchor. Coz you see, an anchor can be created with almost anything. It can be a sound, it can be a touch, a smell, a taste, or even a visual (sight.) Any of her senses can be used to create an anchor.

If you really want to make it powerful, you can combine more than one of her senses to create the same anchor.

So, the next time you're having sex with her, wait for her to reach a certain peak of arousal...and then fire off your voice anchors (that you've set earlier) and simultaneously touch her in a very unique way.

Example: Use your left thumb and touch her firmly on her left shoulder just as she starts to orgasm. Hold it there for at least a few seconds, but remove it *before* she stops orgasming.

This is just an example, of course. You can use any touch, on any body part - as long as it's unique enough so it doesn't accidentally get triggered by other people. ;-)

Also, you want it to be unique because her brain will easily pick it up and associate it to the orgasm.

Voila! You just created a double anchor for the same emotional state (her orgasm.)

Important: Don't just install your anchor one time and assume that it is set. Do it several times. In fact, set the same anchor, in exactly the same way, each time she has an orgasm. This will reinforce the same anchor more powerfully. The more times you do it, the stronger the effects of the anchor will be when you need to use it.

I have brought a woman to orgasm, in under 30 seconds, by using the above technique. That's why I've named this technique "on command."

So, please don't let it go to waste. This stuff works! And, the women will be both amazed and deeply satisfied, each time you use it on them. (Of course, most of them will have no idea how you are doing it. They'll just know that you have this 'strange power' over them. And they won't be able to get enough of it.)

Technique Enhancers

If you've jumped to this section of the manual without studying the previous sections, you're doing yourself - and your woman - a huge disservice.

There are hundreds of 'techniques' and more are being discovered everyday. But, learning 'more techniques' will not make you a master of anything. It just doesn't work that way. Mastery goes a lot deeper than that.

Unless you take care of the problems discussed above, most of the techniques will be useless anyway.

So, if you have not studied the previous sections, please do so. Your woman will thank you in ways you can't even imagine right now.

Important Fundamentals: These aren't necessarily revelations. However, most guys forget to pay attention to them. And, the result is usually negative, but they never realize what they did wrong. So, let's get them handled once and for all.

Fingers: You will find that your fingers are your most prized possessions when it comes to pleasing a woman. Yes, even more important than your tongue. (I know that's hard for most guys, and even many women, to believe.) You'll discover why soon, as we go through some of the techniques.

Always cut your finger nails as short as you possibly can, without hurting yourself. And file the edges so they're smooth. You don't want to hurt a woman, especially in her most sensitive and delicate areas.

Tongue and Mouth: Your tongue is your second most powerful pleasure tool, and your mouth/lips are a close third.

Always have clean teeth and fresh breath. Hygiene is *very* important. Carry breath mint or the equivalent with you so it's within reach at all times.

Keep your lips well moisturized so they're always soft and kissable.

Penis: Yes, unlike what most guys think, your penis comes last. So, if you've ever felt insecure or envious of penis *size*, you can stop worrying about it now.

When you learn to use your fingers and tongue like I'll show you here, your woman won't be able to get enough of you.

Special Tips and Tricks: Before I get into the specific, step-by-step techniques, I'd like to share some cool tricks and secrets I've learned over the years that anyone can learn to use *tonight*, if they want, and see great results.

Tapping: This technique is very simple and highly effective. All you're doing is gently slapping a specific area of the woman's body.

By doing so, you allow more blood flow to engorge the specific area. (And, you already know what more blood flow does to a woman's pleasure level.)

The best areas to use this technique on are: inner thighs, public mound, and directly on the outside of the vagina as well. When delivered at the right moment, this stuff works powerfully well.

Alternating: Guys sometimes get caught in the moment and continue doing one single move even when there's no reaction (or a *negative* one) from the woman.

Most men think that if a certain 'move' or technique isn't working, they are supposed to do it faster and harder in order to make it work. Nothing could be further from the truth.

By working on one area, and doing exactly the same thing continuously, you will desensitize the area. That's when it stops being fun, starts getting numb, and even starts becoming painful.

Whether it's thrusting your penis into her, rubbing her clitoris or vagina vigorously with your fingers, or even rubbing your lips or tongue on it. Unless you're using *lots* of lubrication, or unless she says, "don't stop doing that!!" you need to

alternate your moves, give those certain areas a break and come back to them later.

Pay attention to the result (her voice, facial expression, body movements, etc.) If what you're doing is not having a pleasurable effect, don't keep doing it. Stop and try another approach. (No one move will work on *every single woman* all the time.)

In fact, even when some of the moves *are* working, it's still a good idea sometimes to alternate with another move. This will build anticipation and positive pressure. And, when you do come back to that spot again, it'll feel 5 times better to her.

Of course, as mentioned above, paying attention to her for cues and feedback is always a good move.

The same rule applies when you're giving her a massage. You want to touch an area gently, and then take it away. Move to another area. You want the area being touched first to want it more!

Most guys start touching too much, too heavy, too soon. Whether they're doing a massage, giving a kiss, or more. Too much too soon has the opposite effect of what you'd want. With that, the muscle gets overloaded, and will in fact want a break from or even repel further touching.

When you touch a little, then take it away, they want more. Then you give more, and then take it away again, and they'll want even more. It's the 'wanting,' the 'anticipation' that makes the touching all the more pleasurable.

One final word on the art of touching...

Whenever you're touching a woman, whether it's during a massage or foreplay, enjoy the process yourself. Don't just go through the motions so you can get her to open her legs for you. Remember, women are very intuitive and can pick up on your energy.

If you're bored or frustrated while going through the motions (just so you can get to the 'good part,') the woman will sense that. And it won't feel good to her.

If you've ever had a woman stop in the middle of foreplay and say, "It just doesn't feel right," this is one of the causes for her feeling that way.

When you immerse yourself in each moment and each step, you not only enjoy it a lot more, your partner will feel it more intensely as well. Again, it's all about energy flow.

This brings us to one of my favorite techniques...

The Magic Touch: This is another closely-guarded secret of mine. This is actually so powerful; I should have given this its own chapter. But since, we have so much to cover, I'll keep it simple for now.

You already know how important it is for energy to flow through the body. Well, here's one of the biggest secrets of creating the "magic touch" by using your own energy.

Energy flows where intention (or attention) goes. Simply put, that means, whatever you intend and put your focus on will start manifesting in your body. If you start thinking sexy thoughts, *your body will respond*. Blood will rush to the parts of your body that need it most for that purpose.

But, here's what most people don't know...

When you get energy to flow in a certain direction, other people around you (especially women) will also feel the effect of it. (Women are very intuitive and responsive to energy.) And they will often follow along, without even realizing what's happening.

Example: If you're on a date, and you're feeling very nervous, the woman you're with will start to feel nervous and uncomfortable as well. Even if you've done a great job of hiding your nervousness on the outside. Women will still pick up on the energy, on a subconscious level, and will then follow along, without meaning to. Well, it works the same way for a *positive* emotion. And, when you add the use of 'touch' to it, it becomes even more effective.

Here's how it's done: As you're touching the woman with your fingers and hands, imagine yourself filled with the most sensual and exquisite energy. Start *feeling* that way. (Feelings are very important.) Feel the connection, warmth, and sensuality toward the woman you're with.

Then, imagine all that wonderful energy flowing out through your hands and spreading to her body - everywhere you touch her. If you really, genuinely do this, you will amaze yourself with the results. You will 'touch' a woman in such a way, she'll remember it for a very long time.

This is also why a kiss from a first date feels so different than a kiss from someone who is madly and deeply in love with her. Even if she didn't care for either person, she would certainly feel the difference in the two kisses.

There's a bonus tip for you: If you want to blow her mind with your first kiss, use the above strategy when you kiss her for the very first time. :-)

And, if you've been with someone for 5, 10, 15 or more years, you can still use the above to breathe new life into your relationship. All by using the power of touch... the *magic* touch.

Techniques

Don't make the mistake, like *most* people, of thinking that 'technique' and 'moves' will make you a better lover than most guys. It won't. (If you've ever learned of a new technique and was disappointed after using it, you know what I'm talking about.)

Anyone can learn all the fighting techniques out there. That still won't make him a very good fighter. Anyone can learn every marketing technique out there. That won't make him a good marketer.

Learning 'more techniques' will not make you a master of anything.

Unless you take care of the problems discussed above, and learn the powerful arousal/orgasm strategies, most of your techniques will be useless.

So, again, if you've jumped to this section of the manual without studying the previous sections, you're missing out on some of the most important and powerful parts of this manual.

I strongly advise you to go through the previous sections first, before you read any further. Doing so will make every technique below 10 times as powerful.

Chapter 4: Tricks & Techniques for Giving Her Ultimate Sexual Pleasure

Okay... below are some of my favorite techniques to give women incredible pleasure and take her all the way to a powerful orgasm (or multiples.)

All of these techniques are to be used *after* comfort, adequate foreplay, and arousal have been handled for the woman. (If you don't know how to take care of those things, go back and read the previous sections of this manual. Then, come back to this section.)

Here are the techniques, in no particular order (since they're all favorites of mine) ...

Technique #1:

Take the woman's clitoral hood (the flesh covering her clitoris, located at the very top of her vagina) into your mouth so your lips are covering it completely.

Gently suck and release this area - do it strongly enough so her covered clitoris moves up and down along with the movement. (Don't make direct contact with the exposed clitoris yet.)

While you're doing this, insert your first two fingers into her vagina, palms down, and start tapping the bottom wall of her vagina with the fingerprint area of your fingers.

The above technique can be followed by this other favorite of mine...

Technique #2:

Place one of your palms on her mound (the fleshy area just above her clitoral hood) and gently pull back the flesh so her clitoris is exposed. Start by gently circling the clitoris with the tip of your tongue. Then *alternate* (remember?) by placing your lips around it and gently flicking it side to side with the tip of your tongue.

As she gets more and more aroused, add another move to the mix... Insert your first two fingers completely into her vagina, palms up this time. Then, start curving your fingers inward and let the soft tips rub against the upper wall of her vagina. In other words, you're using your fingers in a "come here" motion, as if gesturing someone to come to you.

Remember to pay attention to her reaction as you do each of these techniques. If she reacts strongly, keep doing it. And if she says "don't stop," you'd better not stop till she's climaxing.

Technique #3:

Make your hand in the shape of a gun. (Hold your hand up so the palm is facing to one side. Extend all your fingers fully. Now fold in the last two fingers and bring your first two fingers close together. Your thumb will be pointing upwards. Your hand should look like a gun.)

Insert the first two fingers all the way into her vagina. Place the thumb gently on her or clitoral hood (or her exposed clitoris - if you use your other hand to pull back the hood.)

Gently start turning the inserted two fingers left to right, as if you're massaging her vaginal walls with it (which you will be doing.) While you're doing this, your thumb will be gently brushing over her clitoris and the last two knuckles of your folded fingers will be brushing against her anus.

As an alternative, you can fold in your thumb and use your tongue and lips on her clitoris instead.

Technique #4:

Get her on all fours (knees and elbows) so she's in the doggie position.

Use your tongue and lips to lick and suck on her clitoris from behind. This is a position that gets women highly aroused because it seems very naughty and kinky.

Technique #5:

Take the above technique, and add to it...

Insert one of your thumbs all the way into her vagina and let your other fingers rest on her perineum and anus. Move your thumb in and out while you pleasure her with your tongue. Let your other fingers brush against her with each in and out move.

Technique #6:

Sit on the bed, with legs extended, and your back resting against the headboard or wall. Let her stand in front of you so her vagina is in line with your face and mouth. Her feet would be on either side of your thighs.

As she leans on the wall above you, you can use your tongue and mouth on her clitoris and vagina. (She can either have her hands extended upwards, or fold them to rest her head on them.)

This, again, is a naughty and erotic position. And, as in the previous two techniques, her *mental* arousal will intensify her experience even more.

Technique #7:

Get her highly aroused using one of the previous techniques. Then, insert your first two fingers into her vagina, palms facing up. Start to tap her upper vaginal wall with your entire fingers (not just the tips) as fast as you can.

As you do this, place the fingertips of your other hand on her clitoral hood and start rubbing her, gently but quickly, from side to side. Be sure to use lubricant for this or you'll start bruising her clitoral area after the first minute or two.

Use the palm of your 'clitoral stimulation' gently but firmly pressed on her mound and pubic bone, pushing downward. This will intensify her pleasure and will also keep her body in place as you tap with your other two fingers.

Technique #8:

While she's laying on her back, curl her legs up to her head so her butt and hips are off the bed. Use your tongue and lips on her clitoris till it drives her crazy.

Then, insert your penis into her vagina, while her legs are still up over her head. Move in and out of her, while your pelvis rubs on her clitoris with each thrust. Your hands can either rest on her sides, and help keep her legs up, or you can rest them on the wall/headboard.

Remember what I already told you earlier...

The techniques will only work if you've taken the time to relax and comfort her body and mind, first . If you don't do that, some of the techniques could still work. But, you'll be missing out on 90 percent of it's true power. And that's just ridiculous!

Chapter 5: The Different Types of Female Orgasms

It's helpful to know which types of orgasms there are, and how to bring each one about.

Clitoral: The most commonly experienced type is, of course, the clitoral orgasm. Most women are only familiar with this type of orgasm and have never experienced any other type.

The clitoral orgasm is pretty straight forward. Get a woman's body and mind aroused, using the strategies shared earlier. Then, start with indirect clitoral stimulation, i.e. stimulation of the clitoral hood.

As she gets more aroused and wet, her clitoris will increase in size, become redder and more visible - as more blood flows to it. At this point, you can stimulate it directly, still using gentle pressure, but at a faster pace. Never apply too much direct pressure unless she asks for it.

Immediately after she has an orgasm (or in some cases, midway through it,) her clitoris will become extremely sensitive and you will need to stop applying direct pressure.

Some women will simply clamp their legs shut in order to keep your hands from moving any longer. Others may just say, "stop, stop, stop," until you stop stimulating her clitoris, or they'll push your hand away physically.

All of the above is perfectly normal, and is actually a good thing.

Vaginal: Very few women are able to have an orgasm through penetration alone. In fact, many women have never had an orgasm in this way.

For most of the women who have never experienced a vaginal orgasm, it's still pleasurable (and comforting) for them to feel a penis inside them, including the 'in and out' motion.

Most guys think that the only way to bring a woman to orgasm is through penetration. And when it doesn't work, they try using pills or other enhancers so they can keep going for longer periods of time.

The reality is, after a certain period, the in and out movement starts getting old for the woman. And she secretly wishes that you'd stop already.

As mentioned earlier, most women can't have an orgasm unless clitoral stimulation is added to the mix.

For this reason, it is advisable that men leave penetration till the very end. Use your fingers, tongue and mouth on her till she either has an orgasm or starts begging you for your penis.

At this point, you can start penetration. However, also use your fingers to keep stimulating her clitoris, especially since this is the only way most women can have an orgasm.

G-Spot: Many men believe that the g-spot is a myth. Heck, even some *women* believe that to be true.

The reason many men, and women, believe so is because they can't find the g- spot!

As a result, most women have never experienced a g-spot orgasm.

This is unfortunate because most women claim that a g-spot orgasm is much, much stronger, and more pleasurable, than a clitoral or vaginal orgasm.

One of the main problems with this is, if the woman isn't properly aroused, it *can be* difficult to locate her g-spot.

So, the first thing to do, as mentioned throughout this manual, is to get her relaxed and properly aroused.

Then, and only then, should you start looking for her g-spot.

It is a spongy circle of tissue, about the size of a nickel (or slightly bigger,) located about 2 inches inside her, on the upper wall of her vagina.

The best way to find it is to insert two fingers, about 2 to 3 inches inside her vagina, palms up, and use the tips of your fingers to find the spongy tissue.

The more aroused she gets, the more engorged the g-spot gets, making it much easier to find.

A g-spot orgasm can be experienced by, rubbing the spongy area with the tips of your fingers or even by using the "come here" motion with your fingers, as mentioned in a previous technique.

Here's the tricky part...

In order for a woman to experience a g-spot orgasm, she has to completely let go, continue to breathe, and not hold anything back.

However, when the g-spot is stimulated, many women feel as if they need to urinate. So, they tighten up and hold back, in order to stop from urinating. This tensing up internally is what stops her from reaching orgasm.

So... a woman needs to understand that the feeling she gets to urinate, when her g-spot is stimulated, is normal.

She doesn't really need to go. It's just that the feeling is very similar to the one she gets just before she needs to pee. And, if she just let's go, without worrying about peeing accidentally, the energy will flow through her body as it's supposed to. And, with continued g-spot stimulation, she will experience a powerful orgasm.

Another important fact to keep in mind: Many women will require several sessions of g-spot stimulation before they will be able to experience a g-spot orgasm.

The reason is simple. For many women, the g-spot has been laying dormant, without being stimulated for many years. So, it needs to be awakened and primed for a bit.

Blended Orgasm: As the name suggests, a blended orgasm is when two or more areas are stimulated at the same time.

This is usually the best way to go, especially if you don't know which type of orgasm she is most familiar and experienced with.

This is also why most of the techniques shared in the earlier section involve both clitoral as well as vaginal and/or g-spot stimulation.

Since having an orgasm through penetration alone is the least commonly experienced, it only makes sense to leave that for last...or just go for the blended variety.

Female Ejaculation: If you thought that the g-spot orgasm was a myth, this one

will *really* feel like a fantasy to you.

Female ejaculation, or *squirting*, is the most elusive of them all. Which is *really* unfortunate because it is also the most powerful type of orgasm a woman can ever have.

A squirting orgasm is a 'whole body' orgasm. Her entire body will jolt and spasm vigorously. Her muscles will let go completely and she may even have trouble walking afterwards, unless assisted by someone.

And, of course, she will feel like a changed woman after her first experience of the squirting orgasm.

This subject is too large to cover here, and needs an entire manual of its own.

For now, just know that it isn't an overnight process. It can take several weeks to get a woman's body, and mind, ready for squirting.

Also, she has to be in fairly good shape, and have a good sense of humor.

Otherwise, it's almost impossible to get her to experience a squirting orgasm.

As mentioned earlier, covering this subject in detail is beyond the scope of this manual. If you'd like to get more information on 'Female Ejaculation / Squirting,' let me know.

Multiple Orgasms

Multiple orgasms are all about timing and pacing. It also depends largely on the woman. Some women are able to have several (even unlimited) orgasms, back to back. Others can only have one or two. And yet others can only *handle* one - *maybe* two - at a time.

Find out from the woman what her norm is. If she usually only has one, even when masturbating by herself, don't try to force more out of her unless she's up for it.

Of course, after using all the energy-flowing and arousal techniques shared in this manual, don't be surprised if a woman who's normally used to one orgasm can have two or more. :-)

After all, that's what this manual is designed for...to take her to new heights of pleasure that she hasn't experienced ever before.

Generally speaking, it is much easier for her to have multiple orgasms after she's had at least one, to start.

Also, it is usually easiest to get her to have a clitoral orgasm first.

Then, you can help her to have another clitoral orgasm or two, then a blended one (involving penetration or g-spot stimulation *and* clitoral stimulation.)

After that, you can shoot for a g-spot only orgasm. (Keep in mind that some women may need a few sessions of g-spot stimulation before they can have a g- spot only orgasm.)

Note: It is important to let her calm down a bit, let her catch her breath before you start stimulating her again for another orgasm. Let her muscles and nerve fibers take a little break.

Most of the time, her clitoris will be too sensitive to stimulate after an orgasm anyway, so you'll to give her a little break, regardless.

Secret tip : Here's a little-known way of giving her multiple orgasms...

After she's had her first clitoral orgasm, touch her clit with one fingertip. Don't stimulate it in any way. Just place your finger on it.

The clitoris will be throbbing from the orgasm anyway. And the finger placed on it will cause her to have at least one or two more orgasms, back to back.

The Entire Sequence

Okay... if you're still a little unclear on how to go from step 1 to step 2 to incredible orgasms, here's a sample sequence you can use as a guide.

Remember, this is just a *sample* sequence. You may not always be able to, or even want to, follow it exactly.

After reading this manual, you now know something that most men, and even many women, don't know.

You know that it all comes down to how freely the energy is flowing through her body, which dictates how easily blood, and pleasurable sensations, flow through her body.

The way to do that is to get her as relaxed and comfortable as possible.

Get her laughing, share a physical activity together. Maybe even jump into the Jacuzzi or hot tub together.

Take her through a **Guided Relaxation** if needed. Follow that up by **Stimulating Her Senses** which will also awaken her muscles and neurology.

Lead her through the **Attraction** and **Aroused *Without Touching*** sequences.

If at all possible, guide her into having an **orgasm over the phone**, where *she* can touch and pleasure herself in *exactly* the way *she* likes it. (Do this even if you have already had sex with her previously.)

Install your voice and create other arousal **anchors** to her strongest orgasm so far. And, use these anchors in the future to get her turned on *instantly* - and *beyond* her best orgasm to date.

When in person, build **comfort & security**.

Give her a massage to relax and get rid of trapped stress and tension in her body. **Awaken her *internally*** as well, by massaging her private areas – both inside and out.

Enjoy **Extended Foreplay** and use **The Magic Touch**. Alternate your **techniques**. Mix it up with some **tapping, magic touches**, and use some **anchors** that you've set.

Try to get her to **orgasm on command**.

Reinforce and amplify the **anchors** and go for **multiple orgasms** after she gets to take a breather. Go for **clitoral** orgasm first, then maybe another clitoral one, then **blended**, and maybe even a **g-spot** one after that.

And finally, do the **cooldown** process. (We'll discuss that next.)

The Cooldown

As you can imagine, getting a woman to have powerful orgasms can take a lot out of her, especially if this is her first experience with a '*master of orgasms*.' ;-)

Whenever possible, I try to calm her body down by giving her a cool down massage. This is just a sweet thing to do, and she'll really appreciate it.

Also, after a woman has an orgasm, certain bonding chemicals are released in her body. This is why many women prefer to cuddle or just lay together after sex. It's just the way the body is designed to function. She gets the urge to feel closeness, to be touched and held.

A massage can be perfect for this...even more so if you're not too crazy about cuddling.

And hey, a cuddle every once in a while won't kill you. Besides, the payoff for you will be huge.

Now go out there, and make women exquisitely happy. And, enjoy the satisfaction, and the rewards, that come from it. :-)

Chapter 6: The Sex God

“Cheat Sheet”

Always start off with a lot of passionate kissing. A lot of women complain that guys don't kiss them enough, especially when they've been in a relationship for a while.

Give her a sensual massage before sex. Caress every inch of her body, and kiss and taste every part of her body *except* her vagina. Sensuously kiss and lick her neck, her ears and her back (a lot of women *love* being caressed and kissed on their back). Another good area to kiss and gently suck is the back of her leg, right behind her knee. (Use some pressure, or else you'll only tickle her.)

Tease her. Don't start licking her pussy until you've *very slowly* kissed, licked and sucked her inner thighs one at a time. Then kiss, lick and suck the area around her pussy, including the spot that is below her vagina and above her anus. (This area is super sensitive and she'll love it!) If you do this for a few minutes, she'll be dying for you to start licking her clit.

When she's getting ready to cum, back off a little. Bring her to the edge of her orgasm, and then tease her...*don't let her have it just yet.* Then start the stimulation again and bring her to the edge of her orgasm again. Do this at least 3-5 times and then move on to the step below. You will leave her quivering and breathless!

Experiment. These are endless ways to massage her G-Spot and give her earth-shaking orgasms: manually, orally, with your cock, with a vibrator, and any combinations of those.

You can stimulate her anus and pussy at the same time. (Remember that if you're going to do anything involving her anus, she should be fresh out of the shower and that area should have been thoroughly washed with soap and hot water. Otherwise there's going to be bacteria in there. To make sure it's clean and good to do, shower with her and clean it yourself!)

Chapter 7: Anal Sex Mastery

Anal Eroticism is surrounded by a powerful taboo. Yet millions of men and women - straight, gay and bisexual – are experimenting with anal sex.

The anus, richly endowed with nerve endings and interconnected with the main pelvic muscles, is the closest erogenous neighbor of the genitals and contracts rhythmically during orgasm.

Thirty-five years ago, Kinsey stated that the anal region had erotic significance for about half of the population. In a survey of 100,000 Playboy readers, 47 percent of the men and 61 percent of the women admitted to having tried anal intercourse.

Yet the anal taboo inhibits most people from thinking, talking and learning about the sexual use of the anus. Listed here are the ten things most men and women still do not know about anal sex.

1. Anal intercourse is the least practiced form of anal sex.

There are many ways to enjoy the anus erotically. The most common technique includes touching the anal opening while masturbating, or stimulating a partner's anus during intercourse or oral sex.

Some people enjoy the sensation of a finger - their own or a lover's - insinuated into their anal opening and gently rotated. Others may prefer the insertion of a dildo or vibrator beyond the anal opening and short anal canal into the larger rectum. Many men, including heterosexuals, prefer this form of penetration.

Oral-anal lovemaking is popularly known as rimming. The very idea disgusts some people. Others enjoy performing it or allowing themselves to be probed in this special way.

2. Anal stimulation, including intercourse, is not painful if done properly.

The belief that anal stimulation, especially intercourse, has to hurt is a persistent and dangerous myth. Just as pain anywhere in the body indicates that something is wrong, so is the same true of the anal area. With its high concentration of nerve endings, the anus can produce extreme agony when it is mistreated. Yet it can be a source of great pleasure.

When a finger, object or penis is introduced into the anus, the anal muscles go into spasm, as if fighting off an invasion. Pain will result if the partners do not wait for these muscles to relax. Under sufficient stress they will eventually collapse and the pain subside, unless further damage is done. But, any 'pleasure' afforded from this kind of activity derives mostly from the absence of discomfort.

Maximum anal pleasure requires the elimination of all pain or physical trauma from the anal experience. Self-protection on the part of the passive partner involves being ready to say "no" until he or she is ready to proceed. Readiness is a combination of physical relaxation, usually helped along by plenty of leisurely anal touching, and desire.

Occasionally the anal muscles are relaxing, but the passive partner is still not in the mood. Stimulation should mount only in proportion to the degree of receptivity.

3. Anal sex can be enjoyed even if it has been consistently uncomfortable in the past.

Sufficient desire alone does not necessarily guarantee pleasurable anal sex. Nor is an uncomfortable previous experience always the reason for a lack of interest in or desire for anal sex.

Chronic anal tension is the most common cause of anal discomfort during sex. Hemorrhoids and constipation are usually a sign of this condition. Tension can be relieved by touching the anus and becoming more familiar with it. An ideal time to explore the anal opening is while taking a shower or bath. Deep breathing also affects the anal muscles. Tensing the anus and the letting go in another way of learning to relax it. Anyone who enjoys masturbation might want to experiment with some form of anal stimulation, though he or she should stop if any discomfort occurs.

For many people the turning point in anal sex is when they allow a partner to massage the anus with the understanding that intercourse will not be attempted. Then the recipient of anal caresses can concentrate solely on the pleasure that this erogenous zone is capable of generating.

4. Two muscle rings called “sphincters” surround the anal opening. Each functions independently.

If you insert a finger about one half-inch into your anus and press your fingertip against the side, you can clearly feel the two sphincter muscles. There is less than a quarter-inch between them. The external sphincter is controlled by the central nervous system - just like the muscles of the hand, for example. You can readily tense and relax this sphincter whenever you want.

The internal sphincter is quite different. This muscle is controlled by the involuntary or autonomic part of the nervous system, which governs such functions as heartbeat and stress response.

The internal sphincter reflects and responds to fear and anxiety during anal sex. It will cause the anus to tense up automatically even if the passive partner is trying to relax. Thus, precautions about safety and comfort are essential here.

Even if a person does feel comfortable during anal sex, he or she may still need to learn voluntary control over his or her internal sphincter in order to relax it at will. Doing so requires regularly inserting a finger, perhaps in the shower each day, and feeling the internal sphincter. The muscle changes spontaneously and in response to behavior. In this instance, simply paying attention is more important than trying to relax. Anyone can gradually learn to control the internal sphincter at will.

5. Anal stimulation provides many kinds of pleasure.

The highest concentration of nerve endings is around the anal opening itself. A finger can focus on them especially effectively. When an object or penis is inserted beyond the anal opening into the rectum, other pleasures are involved.

The outer portion of the rectum, like the vagina, has several nerve endings. The inner portion responds mostly to pressure.

Some people enjoy the feelings of pressure and fullness once they understand that these sensations do not presage an impending bowel movement. Rectal pressure is especially important to enthusiasts of "fisting," a form of anal sex in which several fingers or even the entire hand and forearm are inserted into the rectum and sometimes into the lower colon.

In men, the prostate - which is just beyond the rectal wall, a few inches in, towards the front of the body - can be a source of pleasure when massaged by a finger, an object, or a penis. Also, the lower end of the penis, or "bulb," is near the anal opening. It is stimulated indirectly by most types of anal sex.

Anal pleasure can be psychological as well as physical. The anal taboo adds to the thrill of the forbidden. The most common anti-anal message (it's dirty!) sometimes returns as a source of raunchy, sleazy excitement. Rimming enthusiasts may enjoy the feeling that they are being disgustingly - and delightfully - perverse. Other people regard the anus as a secret, special place. Sharing it with a partner is an act of openness and giving.

6. Anal stimulation can lead to orgasm.

A minority of men and women can respond orgasmically to anal sex without direct genital stimulation. Women probably do so through pelvic muscle contractions - and a small minority even though the sheer excitement of being anally penetrated. When men experience an orgasm from anal stimulation, they tend to focus on the prostate. No doubt they are also responding to indirect stimulation of the penile bulb.

Orgasms from anal stimulation are most likely to occur when the participants become thoroughly absorbed in their sensations and fantasies.

An almost certain way to prevent such an orgasm is to become determined to have one. Seeking an anal orgasm will create new pressures and disrupt the pleasure.

It must be remembered that most people require direct genital stimulation in order to climax. On the other hand, a few people have orgasms only with anal stimulation.

7. Diet contributes to the enjoyment of anal sex.

Regular bowel movements are the major function of the anus and rectum. There must be sufficient fiber in a person's diet to make his or her feces soft, bulky and well formed. This allows a bowel movement to be produced without force or effort. Forced evacuations irritate anal tissues, causing discomfort and adding to muscular tensions. Fresh fruits, vegetables, whole grains or unprocessed bran are important sources of fiber.

8. Different rules of hygiene apply to the vagina and rectum.

Since intercourse can be vaginal or rectal, many people assume the the same rules apply for the penetration of the vagina and rectum. Although both are lined with soft tissue and are capable of expanding, they are radically dissimilar.

The rectum is not straight. After the short anal canal which connects the anal opening to the rectum, the rectum tilts toward the front of the body. A few inches in, it curves back - sometimes as much as 90 degrees. Then, after a few more inches, it swoops toward the front of the body once again. A person can learn about the shape of his or her rectum by gently inserting a soft object, trying different angles and body positions and concentrating on how it feels. Make sure the object has a flared base so that if you loose your grip, it won't slip into the rectum and become irretrievable.

The rectum does not produce lubrication like the vagina but only a small amount of mucus. Therefore, rectal penetration always requires a lubricant. Chemical additives should be avoided. Water-based lubricants are latex- compatible.

The main function of the rectum is to act as a passageway for feces. But feces are not normally stored in the rectum except just prior to a bowel movement. Yet small amounts may remain in the rectum, especially if the feces are not well formed. Anal douching before lovemaking will help some people especially concerned with cleanliness to relax. For others, the idea of dirtiness heightens the joy of the forbidden; for them, douching is anti-erotic.

9. Anal intercourse is not necessarily an act of dominance and submission.

The top-bottom imagery associated with anal intercourse is widespread. No doubt the belief that anal sex has to hurt contributes to this notion. And in fact some people are intensely excited by top-bottom fantasies about anal sex. The thought that they are submitting to such a degrading act is a terrific thrill. However, actual, not fantasized, anal pain can lead to trouble.

For others, the enjoyment of anal sex is inhibited by top-bottom imagery. The idea of surrendering control, and perhaps submitting to humiliation, causes immediate, protective tensing of the anal muscles. These individuals are more likely to relax and enjoy themselves if they can learn to regard anal sex as pleasurable rather than as an expression of power.

10. Anal sex can be perfectly safe, even beneficial.

The taboo against anal eroticism is perpetuated by the almost universal belief among physicians that anal sex is inevitably dangerous.

No physical injury from anal stimulation results if both partners refuse to tolerate pain, never use force and avoid the use of drugs.

All the other risks center on sexually transmitted diseases. Each of the common STDs - gonorrhea, syphilis, herpes - can affect the anus. Intestinal parasites, bacteria or tiny bugs are usually passed along when fecal matter finds its way into someone's mouth or vagina, most likely through rimming.

AIDS has complicated the matter. The HIV virus can pass from the semen or blood of an infected person to the bloodstream of a partner through a tiny break in the rectal tissue during anal intercourse.

To avoid this risk, anal intercourse and rimming should not be practiced casually. Those who do enjoy anal intercourse should always use a condom. Rimming should always be accomplished by a latex barrier. Of course, in a monogamous relationship with two healthy people, the risk of disease transmitted anally is reduced.

Thousands of men and women with chronic anal medical problems have restored their anal health by challenging their negative attitudes. This approach is indispensable for full erotic enjoyment of the anus.

Chapter 8: 40 Mistakes Men Make When Having Sex with Women

1) NOT KISSING FIRST.

Avoiding her lips and diving straight for the erogenous zones makes her feel like you're paying by the hour and trying to get your money's worth by cutting out nonessentials. A proper passionate kiss is the ultimate form of foreplay.

2) BLOWING TOO HARD IN HER EAR.

Admit it, some kid at school told you girls love this. Well, there's a difference between being erotic and blowing as if you're trying to extinguish the candles on your 50th birthday cake. That hurts.

3) NOT SHAVING.

You often forget you have a porcupine strapped to your chin which your rake repeatedly across your partner's face and thighs. When she turns her head from side to side, it's not passion, it's avoidance.

4) SQUEEZING HER BREAST.

Most men act like a housewife testing a melon for ripeness when they get their hand on a pair. Stroke, caress, and smooth them.

5) BITING HER NIPPLES.

Why do men fasten onto a woman's nipples, then clamp down like they're trying to deflate her body via her breasts? Nipples are highly sensitive. They can't stand up to chewing. Lick and suck them gently. Flicking your tongue across them is good. Pretending they're a doggie toy, isn't.

6) TWIDDLING HER NIPPLES.

Stop doing that thing where you twiddle the nipples between finger and thumb like you're trying to find a radio station in a hilly area. Focus on the whole breasts, not just the exclamation points.

7) IGNORING THE OTHER PARTS OF HER BODY.

A woman is not a highway with just three turnoffs: Breastville East and West, and the Midtown Tunnel. There are vast areas of her body which you've ignored far too often as you go bombing straight into downtown Vagina. So start paying them some attention.

8) GETTING THE HAND TRAPPED.

Poor manual dexterity in the underskirt region can result in tangled fingers and underpants. If you're going to be that aggressive, just ask her to take the damn things off.

9) LEAVING HER A LITTLE PRESENT.

Condom disposal is the man's responsibility. You wore it, you store it.

10) ATTACKING THE CLITORIS.

Direct pressure is very unpleasant, so gently rotate your fingers along side of the clitoris.

11) STOPPING FOR A BREAK.

Women, unlike men, don't pick up where they left off. If you stop, they plummet back to square one very fast. If you can tell she's not there, keep going at all costs, numb jaw or not.

12) UNDESSING HER AWKWARDLY.

Women hate looking stupid, and she will when naked at the waist with a sweater stuck over her head. Unwrap her like an elegant present, not a kid's toy.

13) GIVING HER A WEDGIE DURING FOREPLAY.

Stroking her gently through her panties can be very sexy.

14) BEING OBSESSED WITH THE VAGINA.

Although most men can find the clitoris without maps, they still believe that the vagina is where it's all at. No sooner is your hand down there than you're trying to stuff stolen banknotes up a chimney. This is okay in principle, but if you're not careful, it can hurt so don't get carried away. It's best to pay more attention to her clitoris and the exterior of her vagina at first, then gently slip a finger inside her and see if she likes it.

15) MASSAGING TOO ROUGHLY.

You're attempting to give her a sensual, relaxing massage to get her in the mood. Hands and fingertips are okay; elbows and knees are not.

16) UNDESSING PREMATURELY.

Don't force the issue by stripping before she's at least made some move toward getting your stuff off, even if it's just undoing a couple of buttons.

17) TAKING YOUR PANTS OFF FIRST.

A man in socks and underpants is at his worst. Lose the socks first.

18) GOING TOO FAST.

When you get to the penis-in-vagina situation, the worst thing you can do is pump away like an industrial power tool - she'll soon feel like an assembly-line worker made obsolete by your technology. Build up slowly, with clean, straight, regular thrusts.

19) GOING TOO HARD.

If you bash your great triangular hip bones into her thigh or stomach, the pain is equal to two weeks of horseback riding concentrated into a few seconds.

20) COMING TOO SOON.

Every man's fear. With reason. If you shoot before you see the whites of her eyes, make sure you have a backup plan to ensure *her* pleasure, too.

21) NOT COMING SOON ENOUGH.

It may appear to you that humping for an hour without climaxing is the mark of a sex god, but to her it's more likely the mark of a numb vagina. At least buy some intriguing wall hangings, so she has something to hold her interest while you're playing Marathon Man.

22) ASKING IF SHE HAS COME.

You really ought to be able to tell. Most women make noise. But if you really don't know, don't ask.

23) PERFORMING ORAL SEX TOO GENTLY.

Don't act like a giant cat at a saucer of milk. Get your whole mouth down there, and concentrate on gently rotating or flicking your tongue on her clitoris.

24) NUDGING HER HEAD DOWN.

Men persist in doing this until she's eyeball-to-penis, hoping that it will lead very swiftly to mouth-to-penis. All women hate this. It's about three steps from being dragged to a cave by their hair. If you want her to use her mouth, use yours; try talking seductively to her.

25) NOT WARNING HER BEFORE YOU CLIMAX.

Sperm tastes like sea water mixed with egg white. Not everybody likes it. When she's performing oral sex, warn her before you come so she can do what's necessary.

26) MOVING AROUND DURING FELLATIO.

Don't thrust. She'll do all the moving during fellatio. You just lie there. And don't grab her head.

27) TAKING ETIQUETTE ADVICE FROM PORN MOVIES.

In X-rated movies, women seem to love it when men ejaculate over them. In real life, it just means more laundry to do.

28) MAKING HER RIDE ON TOP FOR AGES.

Asking her to be on top is fine. Lying there grunting while she does all the hard work is not. Caress her gently, so that she doesn't feel quite so much like the captain of a schooner. And let her have a rest.

29) ATTEMPTING ANAL SEX AND PRETENDING IT WAS AN ACCIDENT.

This is how men earn a reputation for not being able to follow directions. If you want to put it there, ask her first. And don't think that being drunk is an excuse.

30) TAKING PICTURES.

When a man says, "Can I take a photo of you?" she'll hear the words "__to show my buddies." At least let her have custody of them.

31) NOT BEING IMAGINATIVE ENOUGH.

Imagination is anything from drawing patterns on her back to pouring honey on her and licking it off. Fruit, vegetables, ice and feathers are all handy props; hot candle wax and permanent dye are a no no.

32) SLAPPING YOUR STOMACH AGAINST HERS.

There is no less erotic noise. It's as sexy as a belching contest.

33) ARRANGING HER IN STUPID POSES.

If she wants to do advanced yoga in bed, fine, but unless she's a Romanian gymnast, don't get too ambitious. Ask yourself if you want a sexual Partner with snapped hamstrings.

34) LOOKING FOR HER PROSTATE.

Read this carefully: Anal stimulation feels good for men because they have a prostate. Women don't.

35) GIVING LOVE BITES.

It is highly erotic to exert some gentle suction on the sides of the neck, if you do it carefully. No woman wants to have to wear turtlenecks and jaunty scarves for weeks on end.

36) BARKING INSTRUCTIONS.

Don't shout encouragement like a coach with a megaphone. It's not a big turn-on.

37) TALKING DIRTY.

It makes you sound like a lonely magazine editor calling a 1-900 line. If she likes nasty talk, she'll let you know.

38) NOT CARING WHETHER SHE COMES.

You have to finish the job. Keep on trying until you get it right, and she might even do the same for you.

39) SQUASHING HER.

Men generally weigh more than women, so if you lie on her a bit too heavily, she will turn blue.

40) THANKING HER.

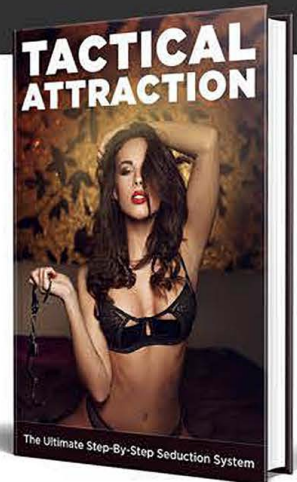
Never thank a woman for having sex with you. Your bedroom is not a soup kitchen!

RECOMMENDED RESOURCES

TACTICAL ATTRACTION

Tactical Attraction is the ultimate crash-course for learning every element of attracting and seducing women, and becoming the best and most attractive MAN you can possibly be. Inside this best-selling program, you'll discover how to develop **unstoppable Alpha Male confidence**, how to transform your "look" and become 400% more attractive, and how to use verbal and body language tactics to make any women feel **UNCONTROLLABLY ATTRACTED** to you.

[Click here](#) and learn how to use these stealth seduction secrets to score with all the hot women you want, or to get the loyal, loving, and **smoking hot girlfriend** you've always wanted. The choice will be yours!



THE BAD BOY BLUEPRINT

We all know that women are hard-wired to chase after "Bad Boys." (And despite what you see in the movies, "Nice Guys" are the LAST ones to get laid!)

Now, for the first time, you can learn a proven, step-by-step system that rewires you for **total unstoppable success with women** by giving you the "Bad Boy edge" that women crave. Get ready for women to chase you and even fight over you, once you [click here](#) and discover these **badass Bad Boy seduction secrets**.



INSTANT SEXUAL ACTIVATION

What if you could "crawl inside" the mind of any woman, hijack her thoughts, and install feelings of uncontrollable HORNINESS in her brain...and then **direct all of those feelings towards you**? So that she feels an overwhelming desire to follow your suggestions, and **do whatever it takes** to please you?

This is the "seduction superpower" you will discover inside the **Instant Sexual Activation system**, which has been called "the holy grail of seduction."

[Click here](#) and use these **mind control secrets** tonight...but please use them ethically and responsibly, as they can be DANGEROUSLY powerful!



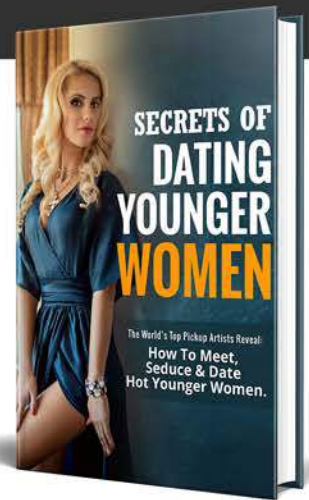
RECOMMENDED RESOURCES

SECRETS OF DATING YOUNGER WOMEN

If you're a guy in your mid-30s or up, you might think that sexy, fun, hard-bodied younger women are "out of your reach." Well, now you can learn the exact secrets and techniques that **the world's best pickup artists and seduction masters** use, to make your age your most powerful advantage!

The **Secrets Of Dating Younger Women** program combines the knowledge and techniques of more than a dozen of the most famous and respected dating experts on the planet, to give you a step-by- step roadmap that will make you a MAGNET for the young, hot women you deserve to be with.

[Click here](#) for more.



AUTOMATIC OBSESSION WORDS

Imagine if you knew the EXACT words to say, in any situation, to instantly command a woman's attention and trigger feelings of **raging sexual desire** inside of her. And then...imagine using short, simple phrases to make her want to come home with you and give you **all the sex you can handle?**

[Click here](#) to discover these closely-guarded "**Obsessions Words**" and start using them tonight. Rejection will become a thing of the past, because you'll have **the perfect words to say** hard-wired into your mind.



SECRETS OF STRIP CLUB SEDUCTION

What guy hasn't fantasized about scoring with a sexy, curvy stripper or exotic dancer who has ALL the right moves in bed? The problem is, for most guys, the idea of banging a stripper is nothing more than a fantasy...and strip clubs exist only to drain your wallet and send you home with a case of blue balls.

But now, a team of seduction experts from Las Vegas...the strip club capital of the world...have peeled back the curtain to show you EXACTLY how they dominate strip clubs and hook up with the hottest strippers for FREE.

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